

ABSTRACT

An adjustable bed including a laterally tiltable platform, a tilt mechanism that tilts the platform laterally, and a load-applying unit that applies, in a state in which
5 the platform is tilted within a predetermined angle range during operation of the tilt mechanism, a load to the platform in a direction that suppresses an expansion of the tilt angle, so as to prevent one of a compression load and a tension load exerted on the tilt mechanism by the platform from reversing
10 to the other load type. The adjustable bed may be structured so that the predetermined angle range includes a tilt angle at which a gravitational center of the platform during the tilt operation traverses a vertical line containing a rotational center of the platform with the load-applying unit
15 in a non-operational state.